-The Importance That You Give to Me-

"We, the men and women of the Pocono Mountain regional Police Department, value: Human life, integrity, Laws and Constitution, excellence accountability, cooperation, problem-solving, ourselves."

With the bravery of a thousand men, and forty hearts full of pride and hope, the Pocono Mountain Regional police department are able to bring a reassuring peace to the Poconos. Bringing not only myself, but my friends, family, and peers a safe place to call home.

Which starts us off with the first reason as to why the Pocono Mountain Regional police are important to me.

One, the regional police are always able to perform their jobs providing the poconos with excellent service for what has now been 22 years. Always achieving the goal of traditional excellence and so on.

Two, the bravery and order pursued within the honor of owning a Pocono regional police badge is the kind of exceptional bravery that can only be enforced by a Pocono mountain regional officer.

Three, putting their safety on the line for our communities safety, is simply the kind of risk theses forty men and women take 'every single day'. These brave men and women risk themselves, risk never seeing their families ever again, risk everything... and more. To provide a safe living environment for their families as well as our own. But then again, that's just what Pocono mountain regional police do.

Four, when defining integrity, we all come to a small realization that these men and women had to come to some form of agreement with themselves. The kind of agreement in which releases their inner pride, self dignity, and strength. Both mental and physical as well as emotional.

Five, respect is not something given, but instead earned. When representing a county, community, or even your own name. You must learn to live between the lines of self appreciation and respect. For yourself, and the ones in which you represent.

Six, Excellence is a word used when explaining the quality of being outstanding, or in other words, of being the best you can be. Between the hard cases, emotional trauma, mental breakdowns, tough choices, and pained thoughts. These men and women are still able to represent the

25 Reasons PMRP Is Important to me

- 1. They keep us safe.
- 2. They protect the ones we love.
- 3. They tell us what they do every day.
- 4. They teach us things we would need to know if we wanted to be in PMRP.
 - 5. They tell us how to get into PMRP.
- 6. They are always committed to helping our community.

"Happy 25th Anniversary Pocono Mountain Regional Police"

Happy Anniversary Pocono Mountain Regional Police Serving the community and keeping the peace.



The school resource officers are our mentors,
They're our role models and protectors.
They make us feel safe and loved
With their duties, they go over and above.
The officers are ones we care for and trust,
In today's times they are a **must**!
The K9 program is divine.



Furry loyal partners that obey and find
Drugs, bombs, and more,
Their cute puppy faces I adore.
We're thankful for the D.A.R.E. program
That gives kids education
On alcohol, tobacco, and drug prevention.
The Narcotics Team keeps drugs out of town,
And makes sure drug dealers go down.
The S.W.A.T. team comes in when the job gets tough,
You are the first responders when there is trouble
You're there in a flash, or a double.
You're trained in Heimlich and CPR
Your skills and talents go far.

"How the Holidays Mean More than Gifts"

Most people see the holidays as gifts, candy, and treats, and I'll admit, I used to think so too. The holidays are my favorite time of the year, even as a young child they were, but before I only thought of myself. Christmas is a very special holiday for many. This is why I, myself, believe it is important.

The holiday Christmas is a time for family, friends, and giving to others. You cannot get anything in this world if you do not *give* first. Without the gift of giving, this world would be a terrible place where we all have to fend for ourselves, and nobody wants that. On Christmas day, there are some kids who wake up without news toys or clothes, but are happy that they get to see another day or for the food that they eat, even if it is just others scraps or garbage. They don't care that they didn't get the new Xbox 1 or that new Nintendo Switch, they care about the time they have on this Earth and the time they spend with their family and siblings. This is one of the true best moments of Christmas, spending time with your family. Christmas has a special warmth to it, not, not the warmth of your fireplace, but something deeper than that. The type of warmth that makes your insides melt and your skin tingle all the way to your bones.

Christmas is way more than gifts. If you still don't believe me, here's another example. Have you ever watched the movie 'The Grinch?' It is a classic Christmas movie, and is about an odd green-furred creature completely despises Christmas and wants to be rid of it. He steals everyones' presents and hopes they will all be upset and depressed. But, they weren't. They all got together and sang in the light of the true meaning of Christmas; friendship and family.

Christmas is not all about gifts or getting nice things; it's about giving to the people in need, helping others, being kind, and celebrating with family. I can't change your mind if you *still* don't believe me, but I hope I helped you see Christmas in a different light. A light that will stay with you forever.

Holidays Are Much More Than Just Gifts

Holidays are much more than gifts. They are about spending time with family and friends. Lastly, holidays are about sharing memories .Gifts are not the point of the holidays. They are about traditions.

Holidays are times to spend with your family and friends. I spend time with my family and friends by watching movies. My family and I spend time together, and some of my friends come over to my house. We go to a park, play games, or watch a movie like The Nightmare Before Christmas. I celebrate Christmas and Hanukkah with my loved ones. Some of my family members come over for the holidays. The holidays are special to me and my family.

Holidays are about traditions. My family and I have traditions at our home. I help my family cooking ,and we play games with our grandparents and cousins. I pray with my family and we go out to church. We go outside and play in the snow. We have a fest with my grandparents ,mom and dad. My family has a lot of traditions holidays.

Holidays are about memories My whole family has so many memories. With our religions memories are good memories. My family and I share funny memories of when we were kids. My family and I go to church on Christmas Eve. We go to see a Christmas play. I have good memories of when I to went to church. I went to church when I was 4 years old. Memories are good to remember during the holidays.

Holidays mean more than just gifts. The holidays are for spending time with your loved ones. They are about sharing memories. Lastly, they are about traditions. Holidays are not just about gift.

How The Holidays Mean More Than Gifts Grade: 7 PMWJH

I think the holidays mean more than gifts because it's a time meant to be spent with either friends or family. Gifts are just things are fun to give but nobody really need them. I think it is so much more fun doing things with family than having to worry about presents. This year my mom decided we're not doing presents because she has just finished school and is still paying back her student loans. Because of this my sisters (Stephanie & Chelsey) and I are all just going to cook and spend time with family.

Holidays are a time where i get to see family that maybe I haven't seen in a year or two. It is fun to get together every once in awhile. This year my mom said we're going to surprise my cousins Paulette and Zak for Christmas. Since they live in Massachusetts we rarely see them. I think this might be the best Christmas ever.

The holidays aren't the happiest for some people though. On Christmas Eve 2015, my dad passed away. It made me hate Christmas until 2017 when my family made a tradition to visit his grave every Christmas and place his favorite flower on it. Now Christmas is my favorite holiday because I get to celebrate my dad. Still as the years go on I miss him and love him more.